November 2026

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Hymns and Devotions (Virtual) **10:00 Sunday Service with Kim R. (All are welcome!)** **10:00 Music and Manicures** **1:00 BINGO** **3:00 Walking Club: Family and Friends Afternoon Stroll** 3:00 Movie Matinee- Residents' Choice Daylight Saving Time Ends	**2** **Transportation Day/ PA Visits** 10:00 Catholic Rosary and Communion with Holy Trinity Volunteers Group- All are welcome! **1:00 Live Music with Brandon Kennedy (Violin and Guitar)** **2:00 Bridge (3rd Floor Pub)** **2:30 Choir Rehearsal (All are welcome!)** **3:15 Rummikub with Renee**	**3** **Voting Day** **Pearl Salon (AM)** 10:00 Sit and Get Fit **11:30 Lunch Outing to La Finca (All residents are welcome. Please confirm with Carla B.)** **1:00 Movie Matinee** 3:00 Tea and Talk in the Bistro **4:00 Movie Series**	**4** **Transportation Day** **NP and Dr. Visits** **9:00 Move to the Music** **10:00 Music and MAN-icures** **10:00 Virtual Concert** **1:00 BINGO** **2:30 Soup Tasting** **3:15 Rummikub with Renee**	**5** 10:00 Sit and Get Fit 11:00 Table Games in the Bistro **11:00 Book Club with Renee** **1:00 Scrapbooking with Carla** **2:00 ASL Class with Marty** **3:00 Thirsty Thursday and Live Music with Gary Jay Fire**	**6** 9:30 Hymns and Devotions (Virtual) **10:00 Seated Dance Exercise** **11:00 Readers' Theater (All are Welcome!)** **1:00 BINGO** **2:30 Happy Hour and Word Games** 4:00 Trivia	**7** **Pearl Salon (PM)** 9:30 Hymns and Devotions (Virtual) **10:00 Cardio Drumming- Seated Exercise (All are welcome!)** **11:00 Brain Fitness/Word Games** **1:30 Prize Pong Games** **3:00 Movie Matinee- Residents' Choice** **3:00 Afternoon Stroll with Family and Friends (Meet in Lobby)**
8 9:00 Hymns and Devotions **10:00 Sunday Service with Kim R** **10:00 Music and Manicures** **1:00 Sunday Football- Los Angeles Rams at Washington Commanders** **1:30 Walking Club: Family and Friends Afternoon Stroll (Weather Permitting)** **2:30 Half Time Snacks** **3:00 Table Games in the Bistro** Diwali (Hindi)	**9** **Transportation Day/ PA Visits** 10:00 Catholic Rosary and Communion with Holy Trinity Volunteers Group- All are welcome! **1:30 Natasha C. Sr. Librarian Presentation** **2:00 Bridge (3rd Floor Pub)** **2:30 Choir Rehearsal (All are welcome!)** **3:15 Rummikub with Renee**	**10** **Pearl Salon (AM)** 10:00 Sit and Get Fit **11:30 Lunch Outing to Rice Alley (All residents are welcome. Please confirm with Carla B.)** **1:30 Live Music with Charlie L.** **3:00 Knitting and Crocheting Club with Barbara L** **3:30 Caregiver's Support Group**	**11** **Transportation Day** **NP and Dr. Visits** **9:00 Table of Honor** **10:00 Veterans Day- Patriotic Tribute (Virtual)** **1:30 Veteran's Day Ceremony and Afternoon Social** **3:15 Rummikub with Renee** **6:00 Evening Movie: "Pressure"** Veterans Day Remembrance Day (Canada)	**12** **Vaccination Clinic 1-4pm** **Travelling Eye Care with Dr. Seffens** **Fine Arts and Craft Show Outing** **Heartfelt Connection Training (Team Members)** 10:00 Sit and Get Fit in the Bistro 11:00 Trip to Fine Arts and Craft Show at Heritage Hunt 11:00 Book Club with Renee (Art Studio) **1:00 Movie Matinee- Residents; Choice** **2:00 ASL Class with Marty** **3:00 Pong Prize Game in the Bistro**	**13** 9:30 Hymns and Devotions (Virtual) **10:00 Seated Dance Exercise** **11:00 EZ Reading** **1:15 Resident Council Meeting (All are welcome!)** **2:30 *NEW* Live Music with Vinny Gallo and Happy Hour** 4:00 Trivia (Virtual)	**14** **Pearl Salon (PM)** 9:30 Hymns and Devotions (Virtual) **10:00 Cardio Drumming- Seated Exercise (All are welcome!)** **11:00 Brain Fitness/Word Games** **1:30 Minute to Win It!** **3:00 Movie Matinee- Residents' Choice** **3:00 Afternoon Stroll with Family and Friends (Meet in Lobby)**
15 9:00 Hymns and Devotions (Virtual) **10:00 Sunday Service with Kim** **11:00 November Themed Craft with the Youth Group** **1:30 Bull Run Cloggers Dance Performance** **3:00 BINGO** **3:00 Walking Club: Family and Friends Afternoon Stroll**	**16** **Transportation Day/ PA Visits** 10:00 Catholic Rosary and Communion with Holy Trinity Volunteers Group- All are welcome! **1:00 Live Music with Pianist Caleb Nei** **2:00 Bridge (3rd Floor Pub)** **2:30 Choir Rehearsal (All are welcome!)** **3:15 Rummikub with Renee**	**17** **Pearl Salon (AM)** **Podiatrist Visits** 10:00 Sit and Get Fit **11:30 Lunch Outing to Ciao Osteria (All residents are welcome. Please confirm with Carla B.)** 1:00 Movie Matinee 3:00 Tea and Talk in the Bistro 4:00 Movie Series	**18** **Transportation Day** **NP and Dr. Visit** **9:00 Move to the Music** **10:00 Music and Manicures** **10:30 Monthly Health Talk with Megha K.- Powerback Rehab** **1:00 BINGO** **2:30 Soup Tasting** **3:15 Rummikub with Renee** **6:00 Casino Night**	**19** 10:00 Sit and Get Fit 11:00 Table Games in the Bistro 11:00 Book Club with Renee **1:00 Dementia Series (Part 3) (All are Welcome!)** **3:00 Garden Games (Weather Permitting)**	**20** 9:30 Hymns and Devotions (Virtual) **10:00 Seated Dance Exercise** **11:00 EZ Reading** **1:00 BINGO** **2:30 Happy Hour and Word Games** 4:00 Trivia (Virtual)	**21** **Pearl Salon (PM)** **Thanksgiving Dinner** 9:30 Hymns and Devotions (Virtual) **10:00 Cardio Drumming- Seated Exercise** **11:00 Brain Fitness/Word Games** **1:30 Festive Table Setting with Allena (Art Studio)** **3:00 Afternoon Stroll with Family and Friends (Meet in Lobby)**
22 9:00 Hymns and Devotions (Virtual) **10:00 Sunday Service with Kim** **10:00 Music and Manicures** **1:00 BINGO** **3:00 Walking Club: Family and Friends Afternoon Stroll** 3:00 Movie Matinee- Residents' Choice **3:00 Table Games in the Bistro**	**23** **Transportation Day/ PA Visits** 10:00 Catholic Rosary and Communion with Holy Trinity Volunteers Group- All are welcome! **1:00 Live Music with Marilyn Hucek (The Voice)** **2:00 Bridge (3rd Floor Pub)** **2:30 Choir Rehearsal (All are welcome!)** **3:15 Rummikub with Renee**	**24** **Pearl Salon (AM)** 10:00 Sit and Get Fit **11:00 Live Music with Guitarist Eric Highsmith** **12:00 Lunch Outing to Mum-Mum (All residents are welcome. Please confirm with Carla B.)** 1:00 Movie Matinee 3:00 Tea and Talk in the Bistro 4:00 Movie Series	**25** **Transportation Day** **NP and Dr. Visit** **9:00 Move to the Music** **10:00 Music and Manicures** **10:00 Virtual Concert** **1:00 BINGO** **3:00 Creative Crafting Workshop** **3:15 Rummikub with Renee** **6:00 Evening Movie**	**26** **Happy Thanksgiving!** **10:00 Watch Macy's Thanksgiving Parade with Friends** **1:00 Thanksgiving Day Bingo** **3:00 Watch Football with Family and Friends** Thanksgiving Day (U.S)	**27** **Deck the Halls Starts** 9:30 Hymns and Devotions (Virtual) **10:00 Seated Dance Exercise** **11:00 EZ Reading** **1:00 BINGO** **2;30 November Birthdays Celebration and Live Music with Ronald Howard** 4:00 Trivia (Virtual)	**28** **Winter Holidays Door Decorating Contest Starts** 9:30 Hymns and Devotions (Virtual) **10:00 Cardio Drumming- Seated Exercise** **11:00 Brain Fitness/Word Games** **1:30 Jewelry Making Workshop** **3:00 Movie Matinee- Residents' Choice**
29 **Deck the Halls** 9:00 Hymns and Devotions (Virtual) **10:00 Sunday Service with Kim** **10:00 Music and Manicures** **1:00 BINGO** **2:25 Washington Commanders at Arizona Cardinals** **3:00 Walking Club: Family and Friends Afternoon Stroll** **3:30 Half Time Snacks**	**30** **Transportation Day/ PA Visits** 10:00 Deck the Halls- C Catholic Rosary and Communion with Holy Trinity Volunteers Group- All are welcome! **1:00 Live Music with Kathy D.** **2:00 Bridge (3rd Floor Pub)** **2:30 Choir Rehearsal (All are welcome!)** **3:15 Rummikub with Renee**					