

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 MEMORY CARE						National Sunflower Day! Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 11:00 Trivia Time (LEC) 1:30 Creative Sunflower Painting (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Garden and Table Games (Patio- Weather Permitting)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 MEMORY CARE						National Sunflower Day! Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 11:00 Trivia Time (LEC) 1:30 Creative Sunflower Painting (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Garden and Table Games (Patio- Weather Permitting)

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
 August 2026 MEMORY CARE												National Sunflower Day! Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 11:00 Trivia Time (LEC) 1:30 Creative Sunflower Painting (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Garden and Table Games (Patio- Weather Permitting) 1	
9:30 Hymns and Devotions (Virtual, QLS) 10:00 Sunday Service (Virtual) 10:00 Sunday Service with Kim Robinson (1st Floor, LEC) 11:00 Sunday Trivia (LEC) 1:30 BINGO (LEC) 1:30 Virtual Concert (QLS) 2:30 Afternoon Refreshments (QLS) 3:00 Walking Club (LEC, QLS) 4:00 Hydration Station (LEC, QLS) 2		Transportation Day/ PA Visits National Watermelon Day! 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Move to the Music (LEC) 1:30 BINGO (LEC) 1:30 Sing Along (QLS) 2:30 Watermelon Eating Contest Afternoon Social (LEC, QLS) 3:30 Music and Manicures (LEC) 3		Pearl Salon (AM) 9:30 Music and Relaxation (QLS) 10:00 Morning Exercise (LEC) 10:30 Daily Chronicles (LEC) 11:00 Gardening (LEC) 1:00 Comedy Show (QLS) 1:30 Creative Crafting (LEC) 2:30 Afternoon Refreshments (QLS) 3:15 Live Music with Charlie Lopez (GR) 4:00 Map Exploration (LEC) 4		Transportation Day/ NP Visits Dental Clinic 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 10:30 Morning Exercise (LEC) 11:00 Music & Manicures (LEC, QLS) 1:30 Shopping Bazaar (LEC) 2:30 Afternoon Refreshments (QLS) 2:30 Hair Care with Maxine (Pearl Salon, QLS) 3:30 Catholic Rosary with Volunteers 5		Dr. Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Seated Exercise (LEC) 1:30 BINGO (LEC) 1:30 “How It’s Made/ How it Works” (Virtual, Documentary, QLS) 2:30 Refreshments (QLS) 3:00 Comics and Comedies (QLS) 3:00 Nail Spa (LEC, QLS) 6		Fla-Mingle Happy Hour Lunch Outing 9:30 Hymns and Devotions (QLS) 10:00 Music and Movement (LEC) 11:00 Lunch Outing to La Finca 1:00 Movie Matinee (QLS) 2:30 Music Therapy with Miranda (Great Room) 3:00 Fla-Mingle Happy Hour (LEC, QLS) 7		National Cat Day! Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 1:00 Live Music with Christman Wood (GR) 2:30 Afternoon Refreshments (QLS) 3:00 Tabletop Games (LEC, QLS) 4:00 Cat Funny Videos (LEC) 8	
National Book Lovers Day! 9:30 Hymns and Devotions (Virtual, QLS) 10:00 Sunday Service (Virtual) 10:00 Sunday Service with Kim Robinson (1st Floor, LEC) 11:00 Ball Games (LEC) 1:30 BINGO (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Walking Club (LEC, QLS) 3:30 Book Club (LEC) 9		Transportation Day/ PA Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Model Cars Exhibit on the Patio (LEC) 1:15 Librarian Presentation (LEC, 1st Floor) 1:30 Sing Along (QLS) 2:30 Afternoon Refreshments (QLS) 3:30 Finish the Line Trivia (LEC) 10		Pearl Salon (AM) 9:30 Music and Relaxation (QLS) 10:00 Morning Exercise (LEC) 10:30 Daily Chronicles (LEC) 11:00 Gardening (LEC) 1:00 Comedy Show (QLS) 1:30 Short Reading (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Nail Spa (LEC, QLS) 3:30 Caregivers’ Support Group (1st Floor, Monument Room) 11		Transportation Day/ NP Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 10:30 Morning Exercise (LEC) 11:00 Tea & Talk on the Patio (LEC) 1:00 Movie Matinee (QLS) 1:30 Baking Club (LEC, QLS) 2:30 Refreshments (QLS) 2:30 Hair Care with Maxine (Pearl Salon, QLS) 3:30 Catholic Rosary with Volunteers 12		Dr. Visits/ Eye Dr. Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Seated Exercise (LEC) 1:30 BINGO (LEC) 1:30 “How It’s Made/ How it Works” (Virtual, Documentary, QLS) 2:30 Refreshments (QLS) 3:00 Comics and Comedies (QLS) 3:00 Nail Spa (LEC) 13		Lunch Outing 9:30 Hymns and Devotions (QLS) 10:00 Music and Movement (LEC) 11:00 Lunch Outing to Rockwood 1:00 Movie Matinee (QLS) 3:00 Ice Cream Party and Music Trivia (LEC) 3:30 Comedy Time (GR) 14		Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 1:00 Movie Matinee (GR) 1:30 Creative Flower Arranging (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Housekeeping Club (LEC) 15	
Pineapple Juice Day! 9:30 Hymns and Devotions (Virtual, QLS) 10:00 Sunday Service with Kim Robinson (1st Floor, LEC) 11:00 Card Games (LEC) 1:30 BINGO (LEC) 1:30 Virtual Concert (QLS) 2:30 Pineapple Juice Tasting Afternoon Social on the Patio (LEC, QLS) 16		Transportation Day/ PA Visits 9:30 Music and Relaxation (QLS) 10:00 Morning Exercise (LEC) 11:00 Daily Chronicle (LEC) 1:30 BINGO (LEC) 1:30 Nature Documentary (Virtual, QLS) 2:30 Live Music with Caleb Nei 2:30 Afternoon Refreshments (QLS) 2:30 Scenic Ride (LEC) 3:30 Music and Manicures (LEC) 17		Pearl Salon (AM)/ Podiatrist Visits 9:30 Music and Relaxation (QLS) 10:00 Morning Exercise (LEC) 10:30 Daily Chronicles (LEC) 11:00 Gardening (LEC) 1:00 Comedy Show (QLS) 1:30 Creative Crafting (LEC) 2:30 Lemonade Afternoon Social (QLS) 3:00 Nail Spa (LEC, QLS) 3:00 Table Games (QLS) 18		Transportation Day/ NP Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 10:30 Morning Exercise (LEC) 11:00 Music and Manicures (LEC, QLS) 1:00 Nature Documentary 1:30 Sensory Activity (LEC, QLS) 2:30 Refreshments (QLS) 2:30 Hair Care with Maxine (Pearl Salon, QLS) 3:30 Catholic Rosary with Volunteers 19		Dr. Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Seated Exercise (LEC) 1:30 BINGO (LEC) 1:30 “How It’s Made/ How it Works” (Virtual, Documentary, QLS) 2:30 Refreshments (QLS) 3:00 Comics and Comedies (QLS) 3:00 Nail Spa (LEC, QLS) 20		National Senior Citizens Day 9:30 Hymns and Devotions (QLS) 10:00 Music and Movement (LEC) 1:00 Live Music with Jamie Rose and Summer Disco Party (GR) 2:30 National Senior Citizens Day Celebration (WOW) 3:30 Classic Movie Matinee (GR) 21		Pearl Salon (PM) 9:30 Daily Chronicle (LEC) 10:00 Balloon Badminton (LEC) 1:00 Movie Matinee (GR) 1:30 Tabletop Games (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Rubber Duck Rescue (LEC, QLS) 22	
9:30 Hymns and Devotions (Virtual, QLS) 10:00 Sunday Service with Kim Robinson (1st Floor, LEC) 11:00 Housekeeping Club (LEC) 1:30 BINGO (LEC) 1:30 Virtual Concert (QLS) 2:30 Ice Cream Party on the Patio (LEC, QLS) 23		Transportation Day/ PA Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Move to the Music (LEC) 1:30 BINGO (LEC) 1:30 Comedy Show (QLS) 2:30 Afternoon Refreshments (QLS) 2:30 Scenic Ride (LEC) 3:30 Music and Manicures (LEC) 4:00 Ball/ Balloon Toss (QLS) 24		Pearl Salon (AM) 9:30 Music and Relaxation (QLS) 10:00 Tunes with Eric Highsmith-Music Making Workshop 11:00 Gardening (LEC) 1:00 Comedy Show (QLS) 1:30 Short Reading (LEC) 2:30 Afternoon Refreshments (QLS) 3:00 Nail Spa (MCD, QLS) 3:00 Picture Detective (LEC) 25		National Dog Day! Transportation Day/ NP Visits 10:00 Daily Chronicle (LEC) 10:30 Morning Exercise (LEC) 11:00 Music and Manicures (LEC, QLS) 1:30 Vinyl Records- Memory Lane Activity (LEC, QLS) 2:30 Refreshments (QLS) 2:30 Hair Care with Maxine (Pearl Salon, QLS) 3:30 Catholic Rosary with Volunteers 26		Dr. Visits/ Family Game Night 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Seated Exercise (LEC) 1:30 BINGO (LEC) 1:30 “How It’s Made/ How it Works” (Virtual, Documentary, QLS) 2:30 Refreshments (QLS) 3:00 Comics and Comedies (QLS) 6:00 Family Game Night (Patio) 27		Lunch Outing 9:30 Hymns and Devotions (QLS) 10:00 Music and Movement (LEC) 11:00 Lunch Outing to Outback 1:00 Movie Matinee (QLS) 3:00 Ice Cream Party and Word Games (LEC) 3:30 Comedy Time (GR) 28		Pearl Salon (PM) 10:00 Sing Along Virtual (QLS) 11:00 Water Balloon Toss (QLS) 1:00 Movie Matinee (GR) 2:30 Afternoon Refreshments (QLS) 3:00 Outdoor Games (QLS) 29	
National Beach Day! 9:30 Hymns and Devotions (Virtual, QLS) 10:00 Sunday Service with Kim Robinson (1st Floor, LEC) 11:00 Beach Ball Toss (QLS) 1:30 Beach Boys Concert (Virtual) 2:30 Afternoon Refreshments (QLS) 3:00 Beach Party (LEC, QLS) 30		Transportation Day/ PA Visits 9:30 Music and Relaxation (QLS) 10:00 Daily Chronicle (LEC) 11:00 Move to the Music (LEC) 1:30 BINGO (LEC) 1:30 Sing Along (Virtual, QLS) 2:30 Live Music with Kathy Davis 2:30 Afternoon Refreshments (QLS) 2:30 Scenic Ride (LEC) 3:30 Music and Manicures (LEC) 31		Dear residents, family members and friends of Heritage Village, please note that our daily activities, weekly programs and special events are subject to change. We appreciate your understanding and continuous support. 									

HERITAGE VILLAGE ASSISTED LIVING AND MEMORY CARE, 13650 Heathcote Blvd., Gainesville, VA 20155, www.heritagevillagegainesville.com, 703-468-1895. Like us on Facebook!