

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:00 Sunday Service with Kim Robinson- All residents are welcome to attend. 10:00 Music and Manicures 1:00 BINGO 3:00 Walking Club (Outdoor, Weather Permitting) 4:00 Hydration Station	2 Transportation Day/ PA Visits/ National Watermelon Day 9:00 Walking Club 9:30 Gardening Club 10:00 Catholic Rosary and Communion with Holly Trinity Volunteers Group 1:00 BINGO 2:00 Bridge Club 3:00 Watermelon Eating Contest 3:15 Rummikub Club with Renee	3 Pearl Salon (AM) 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Travel Destinations (Virtual) 11:00 Lunch Outing to Cracker Barrel Restaurant and Old Country Store 1:30 Live Music with Charlie Lopez 2:30 Play Mah Jong with Barbara and Elena L. 4:00 Movie Series- Residents Choice	4 Transportation Day/ NP Visits Dental Clinic 9:30 Daily Chronicle and Word Games 10:00 Balloon Badminton 10:30 Music and Manicures 1:00 BINGO 3:00 Table Games 3:15 Rummikub Club with Renee 6:30 Family Bingo Night	5 Dr. Visits/ Happy Birthday Lucille Ball! 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Book Club with Renee 11:00 Mexican Train Game 1:00 ASL Class with Marty 1:30 Creative Crafting with Carla 3:00 Thirsty Thursday- Best Moments with Lucille Ball 4:00 Movie Series- Residents' Choice	6 9:30 Daily Chronicle and Word Games 10:00 Seated Chair Dance with Myra 11:00 Museums of the World (Virtual) 1:00 BINGO 2:30 Happy Hour and Word Games 4:00 Trivia	7 Pearl Salon (PM) 9:30 Walking Club 10:30 Trivia 11:00 Word Games 1:00 Movie Matinee 1:30 Jewelry Making Workshop with Allena 3:00 Dice Games/ Table Games in the Bistro 4:00 Trivia Time
8 National Book Lovers Day 10:00 Sunday Service with Kim Robinson- All residents are welcome to attend. 10:30 Free Book Fair 1:00 BINGO 3:00 Walking Club (Outdoor, Weather Permitting) 4:00 Hydration Station	9 Transportation Day/ PA Visits 9:00 Walking Club 9:30 Gardening Club 10:00 Catholic Rosary and Communion with Holly Trinity Volunteers Group 1:00 PWC Librarian Natasha Colebank Presentation 2:00 Bridge Club 3:15 Rummikub Club with Renee	10 Pearl Salon (AM) 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Travel Destinations (Virtual) 11:00 Lunch Outing to Longhorn Steakhouse (Manassas) 1:00 Movie Matinee 3:00 Knitting and Crocheting with our Volunteer Barbara L. 3:30 Caregivers' Support Group	11 Transportation Day/ NP Visits 9:30 Daily Chronicle and Word Games 10:00 Balloon Badminton 10:30 Music and MAN-icures 1:00 Live Music with Bryan J. 2:00 BINGO 3:15 Rummikub Club with Renee 3:30 Table Games 6:00 Evening Movie: "Footloose"	12 Dr. Visits/ Eye Doctor Visits 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Book Club with Renee 11:00 Short Story Reading, Open Discussion and Reminiscing 1:00 ASL Class with Marty 1:30 Cooking Club 3:00 Thirsty Thursday 4:00 Movie Series- Residents' Choice	13 National Creamsicle Day 9:30 Daily Chronicle and Word Games 10:00 Balloon Badminton 11:00 Museums of the World (Virtual) 1:00 Resident Council Meeting 2:30 Happy Hour and Word Games 4:00 Trivia	14 Pearl Salon (PM) National Lemon Meringue Pie Day/ Farmers Market Trip 9:30 Walking Club 10:00 Word Games 11:00 Word Games 1:00 Movie Matinee 1:30 Vintage Perfumes and Purses Appreciation Event 3:00 Dice Games/Table Games in the Bistro 3:30 Pie Tasting
16 10:00 Sunday Service with Kim Robinson- All residents are welcome to attend. 10:00 Music and Manicures 1:00 BINGO 3:00 Walking Club (Outdoor, Weather Permitting) 4:00 Hydration Station	17 Transportation Day/ PA Visits 9:00 Walking Club 9:30 Gardening Club 10:00 Catholic Rosary and Communion with Holly Trinity Volunteers Group 1:00 Live Music with Pianist Caleb Nei 2:00 Bridge Club 3:15 Rummikub Club with Renee	18 Pearl Salon (AM)/Podiatrist Visits 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Travel Destinations (Virtual) 11:00 Lunch Outing to Mariachi's Tex-Mex (Manassas) 1:00 Movie Matinee 3:00 Unwrap the Mystery Object- Keep it or Pass it! 4:00 Movie Series- Residents Choice	19 Transportation Day/ NP Visits 9:30 Daily Chronicle and Word Games 10:00 Balloon Badminton 10:30 Music and Manicures 11:00 How it's Made (Virtual) 1:00 BINGO 3:15 Rummikub Club with Renee 3:30 Table Games 6:00 Evening Movie:"9-5"	20 Dr. Visits 9:30 Daily Chronicle & Word Games 9:00 Depart for Couture Pedicure (Please sign up with Adina C.) 10:00 Sit and Get Fit 11:00 Book Club with Renee 11:00 Mexican Train Game 1:00 ASL Class with Marty 1:30 Baking Club- Make Your Own Sweet or Salty Treats 3:00 Thirsty Thursday 4:00 Movie Series- Residents' Choice	21 Senior Citizens Day 9:30 Daily Chronicle and Word Games 10:00 Fresh Flower Arranging- Make Your Own and Take Home 11:00 Museums of the World (Virtual) 1:00 BINGO 2:30 Live Music with Jamie Rose 3:30 Happy Hour and Word Games 4:00 Trivia	22 Pearl Salon (PM) 9:30 Walking Club 10:00 Word Games 11:00 Word Games 1:00 Movie Matinee 1:30 Scrapbooking Club 3:00 Dice Games/ Table Games in the Bistro 4:00 Jeopardy!
23 10:00 Sunday Service with Kim Robinson- All residents are welcome to attend. 10:00 Music and Manicures 1:00 BINGO 3:00 Walking Club (Outdoor, Weather Permitting) 4:00 Hydration Station	24 Transportation Day/ PA Visits 9:00 Walking Club 9:30 Gardening Club 10:00 Catholic Rosary and Communion with Holly Trinity Volunteers Group 1:00 BINGO 2:00 Bridge Club 3:15 Rummikub Club with Renee	25 Pearl Salon (AM) 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:00 Travel Destinations (Virtual) 11:00 Lunch Outing to Ciao (Centreville) 1:00 Movie Matinee 3:00 Creative Crafting Workshop 4:00 Movie Series- Residents Choice	26 Transportation Day/ NP Visits 9:30 Daily Chronicle and Word Games 10:00 Balloon Badminton 10:30 Music and MAN-icures 11:00 Virtual Concert 1:30 Monthly Health Talk with Megha K.- Powerback Rehab 3:15 Rummikub Club with Renee 3:30 Table Games 6:00 Evening Movie : "La Bamba"	27 Dr. Visits 9:30 Daily Chronicle & Word Games 10:00 Sit and Get Fit 11:0 Book Club with Renee 11:00 Phase 10 Game 1:00 ASL Class 1:30 Pickling Party with Carla and Adina- All supplies are provided. 3:00 Thirsty Thursday 4:00 Movie Series- Residents' Choice	28 9:30 Daily Chronicle and Word Games 10:00 Seated Chair Dance with Myra 11:00 Museums of the World (Virtual) 1:00 BINGO 2:30 Live Music with Jamie Rose (Bistro) 3:30 August Birthdays Celebration (Bistro) 4:00 Trivia	29 Pearl Salon (PM) 9:30 Walking Club 10:00 Word Games 11:00 Word Games 1:00 Movie Matinee 1:00 Canvas and Conversation -Painting Workshop (Bistro) 2:30 Live Music with Christman Wood 4:00 Floats on the Patio
30 National Beach Day 10:00 Sunday Service with Kim Robinson- All residents are welcome to attend. 10:00 Music and Manicures 1:00 BINGO 3:00 Beach Games on the Patio (Outdoor, Weather Permitting) 4:00 Ice Cream Party on the Patio	31 Transportation Day/ PA Visits 9:00 Walking Club 9:30 Gardening Club 10:00 Catholic Rosary and Communion with Holly Trinity Volunteers Group 1:00 Live Music with Kathy Davis 2:00 Bridge Club 3:15 Rummikub Club with Renee	Dear residents and friends of Heritage Village, Please note that our daily activities, weekly programs and special events are subject to change. We appreciate your understanding and continuous support!				