

## December Horoscopes and Birthdays



In astrology, those born between December 1–21 are known as the Archers of Sagittarius. Archers are exciting and independent. Their positive attitude, sense of humor, and kind heart makes them excellent friends. But get ready for an earful because more often than not, they like to speak their mind.

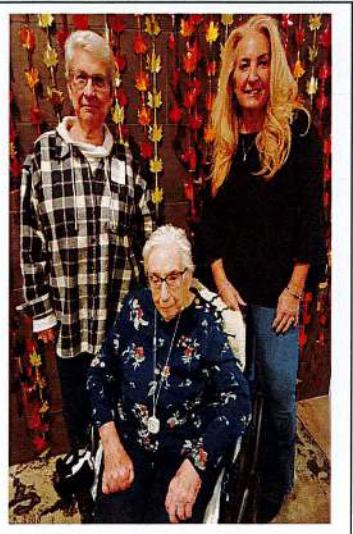


## Christmas the Mexican Way

Food is at the heart of the Mexican Christmas. Families gather on Christmas Eve for *Nochebuena*, the grand feast of the season. Dishes might include tamales, stuffed turkey, or pozole, a hearty hominy stew. A mug of *ponche Navideño*, a warm spiced fruit punch, is almost always on the table, and dessert often features crisp, sugary *buñuelos* or a slice of *Rosca de Reyes* (king's ring cake). Music and fireworks

add even more energy. Caroling, mariachi bands, and neighborhood parties keep spirits high while bursts of fireworks light up the skies throughout December. The season wraps up on January 6, *Día de los Reyes* (Three Kings' Day), when children wake to find gifts left by the Magi. It's a joyful reminder that in Mexico, Christmas is more than just one day—it's a whole season of togetherness, laughter, and celebration.

## Cable Cars That Could



San Francisco's cable cars are recognized the world over. The modern three-line system debuted on December 22, 1957, when car No. 51 rang its bell and coasted onto Washington Street.

But the story of San Francisco's famous cable cars really began when Andrew Smith Hallidie witnessed a horse struggling to pull a tram up a slippery, steep cobblestone street in 1869. It was Hallidie's idea to create a tram system using thick wire cables

moved by massive steam engines. The trams would grip the cables, which would be embedded in the roadway. As the engines moved the cables, the tram would be pulled up and down the city streets. The first cable car rolled up Clay Street at 4 a.m. on August 2, 1873.

The system has changed little from its first incarnation in the 1800s. Cable cars endure as a symbol of hilly San Francisco and a slice of California history.

## Happy Birthday!

Mary Kay M. 12/01  
Ann K. 12/05  
Edward A. 12/05  
Barbara E. 12/10  
Joyce H. 12/12  
Patricia S. 12/12  
Karen M. 12/17  
Carol Q. 12/19  
Kenneth K. 12/20  
Ann Nancy S. 12/24  
Doreen Z. 12/25  
Carolyn A. 12/26  
Robert G. 12/29

# Heritage Herald

## Heritage Village Assisted Living and Memory Care

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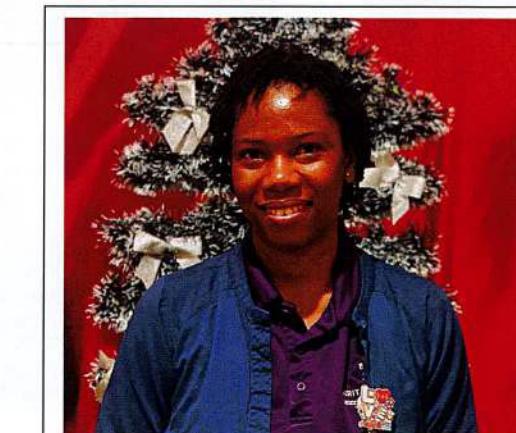
### Happy Holidays from Heritage Village!

As we enter the holiday season, we must pause and reflect on the many gifts we've received throughout the year. These gifts aren't always material—they often come in the form of family, friends, and good health. By definition, a gift is something given willingly without expectation of payment. For me, working at Heritage Village is truly a gift. It fills my cup in ways I never imagined. Over 20 years ago, I stepped into the world of caring for seniors in Assisted Living Communities—a path I hadn't considered before. But from the moment I began, I was hooked. The joy of seeing a resident smile is priceless!

While we embrace this season of giving, I want you to know how blessed we are to have Heritage Village in our lives. This year has flown by, bringing many changes both within our community and in the world around us. We've welcomed new team members whose talents and dedication inspire us, as well as new residents who enrich our community every day. Our commitment remains steadfast: to provide the highest quality care and services to you and your loved ones. Thank you for trusting Heritage Village with this important responsibility. Your confidence means the world to us.

Sincerely, George W.

### Employee of the Month



Congratulations Edith, you make a big difference in our residents' lives! Edith's favorite things are caring for the residents and leading our great care team towards excellence. When she is not working, Edith loves spending time with her husband and their two daughters. Please join us in congratulating Edith for this professional achievement!

## Moments in Time



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