

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Transportation Day 1 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Music and Manicures 11:00 About Yom Kippur 1:30 Pet Therapy/ Petting Zoo Event (1 st Floor Patio) 3:00 Creative Flower Arranging with Dominion Woman's Group Volunteers Yom Kippur Begins	Dental Clinic and NP Visits 2 9:30 Daily Chronicle 10:00 Move to the Music 11:00 Reading Club- Short Story: "Bethany Gets Boomed" 1:30 Live Musical Entertainment with Annie Stokes- Guitar and Voice 3:00 Table Games: "Mexican Train" 4:00 "Movie Series: "Virgin River"	Pearl Salon 3 9:30 Daily Chronicle 10:00 Balloon Badminton 1:30 BINGO 3:00 Happy Hour and Word Games 4:00 Trivia	4 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Brain Games 1:00 Movie Matinee- Residents' Choice 1:30 Sip'n Paint with Carla (1 st Floor Bistro) 3:00 Walking Club (Weather Permitting) 4:00 "Movie Series: "Virgin River"
5 10:00 Non-Denominational Sunday Service with Kim Robinson 11:00 Music and Manicures 1:30 BINGO 3:00 Afternoon Stroll- Weather Permitting 4:00 Game Day Snacks 4:25 Watch NFL Football- Washington Commanders vs Los Angeles Chargers	Transportation Day Pearl Salon 6 9:30 Daily Chronicle 10:00 1:1 Activities 10:00 Catholic Rosary and Communion with Holy Trinity Catholic Church Volunteers Group 11:30 Armchair Travel (Virtual) 1:30 Live Musical Entertainment with Brandon Kennedy- Violin, Guitar and Voice 3:00 BINGO Sukkot Begins	Lunch Outing 7 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:30 Lunch Outing to Himalayan Grill, Haymarket, Va. 1:00 Halloween Movie Marathon: "The Curse of Bridge Hollow" (2022, 1h31m, Netflix) 3:00 Table Games: (Bistro) 4:00 "Movie Series: "Virgin River"	Transportation Day 8 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Music and Manicures 1:30 Fall Prevention Presentation with Megha K. from Powerback 1:00 "Radio Daze" by Heritage Hunt Little Theater- Heritage Hunt Club House (Please confirm with Carla B. or Concierge.) 3:00 Rummikub Club with Renee	NP Visits Visiting Eyecare- Dr. Seffens 9 9:30 Daily Chronicle 10:00 Move to the Music 11:00 Writing Club (Seasonal Cards will be provided.) 1:30 Cooking Club- Make Dog Treats for the Pup Parade Event 3:00 Table Games: "Farkle" 4:00 "Movie Series: "Virgin River"	Pearl Salon 10 9:30 Daily Chronicle 10:00 Balloon Badminton 1:15 Resident Council Meeting All residents are invited to attend. 3:00 Happy Hour and Word Games 4:00 Trivia	11 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Word Games 1:00 Movie Matinee- Residents' Choice 1:30 Art in the Garden (A Walk-Through Exhibit) 3:00 Walking Club (Weather Permitting) 4:00 "Movie Series: "Virgin River"
12 10:00 Non-Denominational Sunday Service with Kim Robinson 11:00 Music and Manicures 1:30 BINGO 3:00 Afternoon Stroll- Weather Permitting 3:30 Seasonal Flavors Caffee Latte Cart 4:00 Table Games	Transportation Day Pearl Salon 13 9:30 Daily Chronicle 10:00 Catholic Rosary and Communion with Holy Trinity Catholic Church Volunteers Group 11:00 About Columbus/ Indigenous People Day 1:30 Live Musical Entertainment with Eric Highsmith on Electric Guitar and Piano 3:00 BINGO Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	Lunch Outing 14 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Resident's Trip to Messick Farm, Nokesville, Va. (Weather Permitting) 1:00 Halloween Movie Marathon: "Beetlejuice Beetlejuice" (2024, 1h44m) 3:00 Knitting and Crocheting Club with Barbara L. 4:00 "Movie Series: "Virgin River" Simchat Torah Begins	Transportation Day 15 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Music and Manicures 1:30 BINGO 3:00 Creative Painting: "Halloween Pumpkins", Outdoor Event- Pour Painting/ Carving/ Decorating Workshop 3:00 Rummikub Club with Renee	NP Visits 16 9:30 Daily Chronicle 10:00 Move to the Music 11:00 Reading Theater: "Spooky Shenanigans" 1:30 Shopping Extravaganza (Walmart and Kohls) 3:00 S'mores and Stories on the Patio (Weather Permitting) 4:00 "Movie Series: "Virgin River"	Pearl Salon 17 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Activities Planning Meeting. All residents are welcome! 1:30 BINGO 2:30 Halloween Dog Walk and Happy Hour 4:00 Trivia	18 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Table Games 1:00 Movie Matinee- Residents' Choice 1:30 Make Halloween Themed Treats with Carla 3:00 Walking Club (Weather Permitting) 4:00 "Movie Series: "Virgin River"
19 10:00 Non-Denominational Sunday Service with Kim Robinson 11:00 Music and Manicures 1:30 BINGO 3:00 Afternoon Stroll- Weather Permitting 4:00 Game Day Snacks 4:25 Watch NFL Football Washington Commanders vs Dallas Cowboys	Transportation Day Pearl Salon 20 9:30 Daily Chronicle 10:00 1:1 Activities 10:00 Catholic Rosary and Communion with Holy Trinity Catholic Church Volunteers Group 1:30 BINGO 3:00 Musical Monday with Vincent Performing on Saxophone (Bistro)	Lunch Outing 21 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:30 Manassas Museum Visit and Lunch Outing to "Zandra's Taqueria", Manassas, Va 1:00 Halloween Movie Marathon: "We Have a Ghost" (2023, 2h7m, Netflix) 3:00 Creative Painting: "Halloween Scene" (Art Studio) 4:00 "Movie Series: "Virgin River"	Transportation Day 22 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Music and Manicures 1:30 BINGO 3:00 Wednesday Walking Club- Weather Permitting 3:00 Rummikub Club with Renee	NP Visits Flu and Covid Vaccination Clinic 23 9:30 Daily Chronicle 10:00 Move to the Music 11:00 Reading Club- Short Story: "Bethany Gets Boomed" 1:30 Movie Matinee 1:30 Creative Crafting: "Seasonal, Stackable Décor" 3:00 Table Games: "Phase 10" 4:00 "Movie Series: "Virgin River"	Pearl Salon 24 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Play Jeopardy! 1:30 BINGO 3:00 Happy Hour and Word Games 4:00 Trivia	25 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Table Games 1:00 Movie Matinee- Residents' Choice 1:30 Festive Table Setting with Allena- Art Appreciation Event 3:00 Walking Club 4:00 "Movie Series: "Virgin River"
26 10:00 Non-Denominational Sunday Service with Kim Robinson 11:00 Music and Manicures 1:30 BINGO 3:00 Afternoon Stroll- Weather Permitting 3:30 Carmel Apple Bar with Toppings Afternoon Social	Transportation Day Pearl Salon 27 9:30 Daily Chronicle 10:00 1:1 Activities 10:00 Catholic Rosary and Communion with Holy Trinity Catholic Church Volunteers Group 1:30 Musical Monday with "THRACE" Instrumental Trio 3:00 BINGO	Lunch Outing 28 9:30 Daily Chronicle 10:00 Sit and Get Fit 11:00 Lunch Outing to "The Apple House", Linden, Va. 1:00 Halloween Movie Marathon: "Ghostbusters: Frozen Empire" (2024, 1h55m, Netflix) 3:00 Knitting and Crocheting Club with Barbara L. 4:00 "Movie Series: "Virgin River"	Transportation Day Trunk or Treat- Community Event 29 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Music and Manicures 1:30 BINGO 3:00 Rummikub Club with Renee 3:30 Trunk or Treat- Join us for a Spooky Community Event in the Heritage Village Parking Lot!	NP Visits 30 9:30 Daily Chronicle 10:00 Move to the Music 11:00 Reading Club- Short Story: "Dancing Through Halloween" 1:30 Movie Matinee 1:00 Make Your Own Halloween Treats with Carla and Adina 3:00 S'mores and Stories on the Patio (Weather Permitting) 4:00 "Movie Series: "Virgin River"	Pearl Salon Happy Halloween! 31 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Halloween Face Painting/ Temporary Tattoos 1:30 Halloween BINGO 3:00 Halloween Happy Hour and Costume Contest 4:00 Trivia Halloween	Dear residents and friends of Heritage Village, please note that our activities are subject to change. We appreciate your understanding and continuous support!