



September Horoscopes and Birthdays

In astrology, those born between September 1-22 are Virginal Virgos. Virgos are industrious, efficient, and pay close attention to details. which is why they tend to get the job done right on the first try. Those born September 23-30 balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they'd rather avoid conflict, they are excellent team players who are tactful and polite at soothing those embroiled in argument.

Happy Birthday to our residents born in September!

Eva C. 09/01 David B. 09/04 Lynne K. 09/11 Robert S. 09/15 Stephen W. 09/17 Barbara K. 09/18



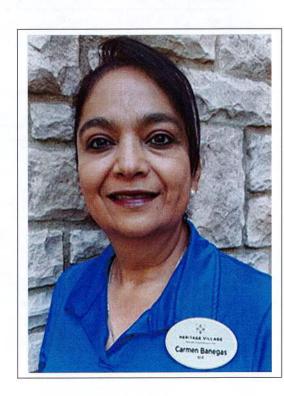
Notable Quotable

"Painting's not important. The important thing is keeping busy."

~ Grandma Moses (born Sept. 7, 1860)

September Employee of the Month

Dear residents, family members and friends of Heritage Village, please join us in congratulating Carmen Banegas, our September Employee of the Month! Before she started working at Heritage Village as part of the care team, Carmen studied special education and spent 3 years in Japan. Carmen's favorite thing about working with our residents is their appreciation and gratitude towards the team. Carmen would like to continue her education and continuously improve her skills. In her free time, she likes to go to the movies with her daughter, travel with her family and one day she hopes to visit Argentina.



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Our Leadership Team

Executive Director George Winters

Business Office Manager Maxine Gard

Director of Sales and Marketing Cori Rusher

Sales Counselor Brandon Allen

Director of Healthcare Services
Muriel Sumowalt

Assistant Director of Healthcare Services Judith Louissant

Memory Care
Director
Christiana Alabilla

Director of Plant Operations Nick Shupe

Director of Culinary Services Dermot Mulvihill

Director of Life Enrichment Adina Cimpean Heritage Village Assisted Living and Memory Care 13650 Heathcote Blvd., Gainesville, Virginia, 20155

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Generation Celebration

September gives us a great excuse to celebrate the power of cross-generational connection. With both Grandparents Day and Intergenerational Day on the calendar, it's a reminder that meaningful relationships don't have to come from the same age group.

Spending time with younger generations isn't just heartwarming—it's genuinely beneficial. Studies show that older adults who interact regularly with children or teens often feel more purposeful, experience less loneliness, and even see improvements in memory and mood. Meanwhile, younger folks gain a sense of perspective,

Fall is coming!

Get ready for cooler weather and look out for all things apple and pumpkin! Visit our website and follow us on Facebook for our upcoming seasonal activities, events and outings. Our Life Enrichment Team is excited to make this autumn a memorable one: from smores on the patio to orchard trips, from concerts to family events, from Pup-Parades to Trunk-or-Treat! We hope to see many of you attending our events!

patience, and emotional intelligence when they build relationships with seniors.

Some communities have taken this idea to the next level. In countries like Japan and the Netherlands, preschools and daycare centers are joining forces with senior living facilities, creating shared spaces where little ones and older adults can learn and play together. Finger painting and storytelling sessions can do wonders for everyone involved, young and old.

Upcoming Events

September 18, Battle of the Decades at Heritage Hunt Club House (Ballroom)

October 8, Radio Daze by Heritage Hunt Little Theater at Heritage Hunt Club House (Ballroom)

October 29, Trunk or Treat in the Community Parking Lot and Spaghetti Family Dinner (with RSVP)

October 31, Halloween Costume Parade (Community Wide)

Back from Beyond

Anyone who has owned a pet is familiar with the feelings of loss once that pet has passed on. World Animal Remembrance Month, celebrated in September, has been designated to remember all the good times with our companion animals.

When Dolly the sheep won worldwide renown in 1996 as the first cloned animal, few people may have considered the possibility of cloning a family pet. But for the hearty sum of approximately \$100,000, a clone of a beloved pet is exactly what families can get. Sooam Biotech uses DNA to clone companion, pet, and police dogs in its South Korean laboratory. But beware: just because your pet may look the same, there is no guarantee that it will have the same personality or temperament.

Still others are using this fascinating science to resurrect extinct animals.

Many animals have gone the way of the dodo—the great auk, the thylacine, the Carolina parakeet, the Atlas bear, and even the black rhinoceros are all now extinct.

Some scientists are working to bring extinct species back to life using advances in genetics and synthetic biology. While a reallife Jurassic Park is still fiction, researchers—like those at Harvard and Colossal Biosciences—have made headway in resurrecting species like the woolly mammoth by splicing its genes into those of its closest living relative, the Asian elephant. Recently, the successful cloning of dire wolf pups using recovered DNA marked a new milestone in this rapidly evolving field.

The Dough Must Go On

Over almost 70 years, more than one billion pounds of Play-Doh have been extruded into billions of little plastic canisters. In 1998, this modeling compound was even inducted into the National Toy Hall of Fame. And now it has its own holiday on September 16: National Play-Doh Day.

Play-Doh, invented to be a wallpaper cleaner, rolled on walls to remove dirt and grime, soon inspired the imagination of school children. In 1956, Play-Doh inventor Joe McVicker cut a deal with children's show hosts to promote the product. Today, Play-Doh fills over 500 million cans every year.

There are many unofficial recipes for homemade dough, but what you may not be able to replicate, however, is Play-Doh's trademark smell. Even this was offered on its 50th anniversary—as a Demeter-brand cologne for creatives.



Cloning could become

remember a beloved

another way to

family pet.

Play-Doh comes in over 50 colors, but the most popular are red, yellow, blue, and green—the classics.

August in Photos











