

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2025

## ASSISTED LIVING

<p>10:00 Non-Denominational Service Video- "Joy" (Monument Room) 11:00 Music and Manicures (Art Studio) <b>1:00 Football Sunday- Watch Cowboys vs Commanders (Monument Room)</b> <b>3:00 Afternoon Social (Monument Room)</b></p>	<p><b>5</b> <b>Dr. Appt. Transportation Day</b> <b>PA Visits</b> 10:30 Catholic Rosary and Communion (Monument Room) <b>1:30 Live Musical Entertainment with Adam Melia (Monument Room)</b> <b>3:00-5:00 SUPER-BINGO (Monument Room)</b></p>	<p>10:00 Seated Exercise -Stretching (Monument Room) <b>7</b> 11:00 Short Story "The Uninvited Guests" (Monument Room) <b>12:00 Lunch Outing to Arby's (Please sign up with Concierge.)</b> 1:30 "Self-Made" - Biographical Movie Inspired by the Life of Madam C.J. Walker (Netflix) 3:00 Tasty Tuesday- Wine and Cheese Sampling (Monument Room)</p>	<p><b>1</b> <b>Happy New Year!</b> <b>1:30 New Year's Day BINGO and New Year's Resolutions with George Winters (Monument Room)</b></p> <p style="text-align: center;">New Year's Day</p>	<p><b>2</b> <b>NP Visits</b> 10:00 Sit and Get Fit (Monument Room) 11:00 Reading Club- Short Story "The Uninvited Guests" (Monument Room) <b>1:30 Shopping Trip to Dollar Tree (Please sign up with Concierge.)</b> 1:30 Matinee Stand-up Comedy With Steve Martin and Martin Short (Netflix) (Monument Room) 3:30 Table Games- "Flip It"</p>	<p><b>3</b> 10:00 Balloon Badminton (Monument Room) <b>3</b> 11:00 How It's Made (Science Documentary) (Monument Room) 1:30 BINGO (Monument Room) 2:30 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p><b>4</b> <b>National Trivia Day</b> 10:00 January Trivia Time (Monument Room) 11:00 Creative Crafting- "Make Yarn Snowballs" (Art Studio) 1:30 Movie Matinee (Residents' Choice)</p>
<p>10:00 Non-Denominational Service Video- "Loyalty" (Monument Room) <b>12</b> 11:00 Music and Manicures (Art Studio) 1:30 BINGO (Monument Room) 3:30 Word Games (Monument Room) Football Sunday TBD</p>	<p><b>13</b> <b>Dr. Appt. Transportation Day</b> <b>PA Visits</b> 10:30 Catholic Rosary and Communion (Monument Room) <b>1:15 Sr. Librarian Kelley Syarto presents "Resolutions" (Monument Room)</b> <b>3:00 Move to the Music with Kimberly (Monument Room)</b></p>	<p>10:00 Seated Exercise- Stretching (Monument Room) <b>14</b> 11:00 Table Games with Carla <b>12:00 Lunch Outing to Mum-Mum (Please sign up with Concierge.)</b> 1:30 "Chicken Soup for the Soul" (Monument Room) 2:30 Tasty Tuesday- Soup Tasting and Open Discussion about Favorite Soups (Monument Room)</p>	<p>10:00 Balloon Badminton (Monument Room) <b>15</b> 11:00 Armchair Travel to Australia (Virtual) 1:30 BINGO (Monument Room) 3:15 Rummikub Club with Renee (Bistro) 3:30 Word Games (Monument Room)</p>	<p><b>16</b> <b>NP Visits</b> 10:00 Sit and Get Fit (Monument Room) 11:00 Drama Club- Reader's Theater- "Battle of the Sexes" (Monument Room) <b>1:30 Shopping Trip to Kohls (Please sign up with Concierge.)</b> <b>3:00 Navigating Dementia Care, Methods and Strategy (Monument Room)</b> 3:30 "Mexican Train" Game (Bistro)</p>	<p><b>17</b> 10:00 Balloon Badminton (Monument Room) <b>17</b> 11:00 "How It's Made" (Science Documentary) (Monument Room) 1:30 BINGO (Monument Room) 2:30 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p><b>18</b> 10:00 Daily Chronicle (Monument Room) <b>18</b> 11:00 Table Games with Carla (Monument Room) 1:30 Movie Matinee (Residents' Choice) 2:30 Sip'n Paint with Carla (Art Studio) 3:30 Word Games with Carla (Monument Room)</p>
<p>10:00 Non-Denominational Service Video- "Hospitality" (Monument Room) <b>19</b> 11:00 Music and Manicures (Art Studio) 1:30 BINGO (Monument Room) 3:30 Word Games (Monument Room) Football Sunday TBD</p> <p style="text-align: center;">Activity Professionals Week</p>	<p><b>20</b> <b>Martin Luther King Jr. Day</b> <b>Dr. Appt. Transportation Day</b> <b>PA Visits</b> 10:30 Catholic Rosary and Communion (Monument Room) <b>1:30 Live Musical Entertainment with Caleb Nei (Monument Room)</b> <b>3:00 BINGO (Monument Room)</b> <b>4:00 "I have a dream"- MLK Jr.</b></p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>10:00 Seated Exercise- Stretching (Monument Room) <b>21</b> 11:00 Table Games with Carla (Monument Room) <b>12:00 Lunch Outing to Trummer's Coffee and Wine Bar (Please sign up with Concierge.)</b> 1:30 "SR"- A Tribute to "Tiger King" (Netflix)(Monument Room) 3:00 Tasty Tuesday- Fruit Smoothies (Monument Room)</p>	<p><b>22</b> <b>Dr. Appt Transportation</b> <b>Hair Cattery Transportation (Please sign up with Concierge.)</b> 10:00 Balloon Badminton (Monument Room) 11:00 Armchair Travel to Australia (Monument Room) 1:30 BINGO (Monument Room) 3:15 Rummikub Club with Renee (Bistro)</p>	<p><b>23</b> <b>NP Visits</b> 10:00 Sit and Get Fit (Monument Room) 11:00 Word Games (Monument Room) <b>1:30 Shopping Trip to Walmart (Please sign up with Concierge.)</b> 1:30 Indoor Games- Corn Hole and Axe Throw (Monument Room)</p>	<p><b>24</b> <b>Geriatric Dr. Visits</b> 10:00 Balloon Badminton (Monument Room) <b>24</b> 11:00 "How It's Made" (Science Documentary) (Monument Room) 1:30 BINGO (Monument Room) 2:30 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p><b>25</b> 10:00 Daily Chronicle (Monument Room) <b>25</b> (Complimentary To-Go Copies will be provided.) 11:00 11:00 Table Games "CARDO" (Monument Room) 1:30 Movie Matinee (Residents' Choice)</p>
<p>9:30 Inspirational Movie Presented by Judi K. (Monument Room) <b>26</b> 11:00 Music and Manicures (Art Studio) 1:30 BINGO (Monument Room) 3:00 Residents' High Tea (Monument Room) Football Sunday TBD</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p><b>27</b> <b>Dr. Appt. Transportation Day</b> <b>PA Visits</b> 10:30 Catholic Rosary and Communion (Monument Room) <b>1:30-3:30 SUPER-BINGO (Monument Room)</b> <b>3:30 Meet The Artist- Paula Kader (Monument Room) (Refreshments will be served.)</b></p>	<p>10:00 Seated Exercise- Stretching (Monument Room) <b>28</b> <b>11:00 Activities Advisory Meeting- All residents are invited to share suggestions for new activities and programs. (Monument Room)</b> 1:30 "Judy"- A Movie About Judy Garland (Netflix) <b>4:00 Chef's Flavors of the Grill- Steak Night (Dining Room)</b></p>	<p><b>29</b> <b>Dr. Appt Transportation</b> <b>Chinese New Year</b> 10:00 BINGO 11:00 Chinese New Year Celebrations (Virtual Documentary) <b>1:30 Health Talk with Megha K. (Powerback) (Monument Room)</b> <b>3:00 Chinese New Year Social (3rd Floor Pub)</b> 3:15 Rummikub Club with Renee (Bistro) <small>Chinese New Year (Year of the Snake)</small></p>	<p><b>30</b> <b>NP Visits</b> 10:00 Sit and Get Fit (Monument Room) <b>30</b> 11:00 Reading Club-Short Story "Schoolhouse Score" (Monument Room) 1:30 Table Games- "Mexican Train" (Monument Room) 3:00 Movie Matinee-"Won't You Be My Neighbor?" (Netflix, 1h34min)</p>	<p><b>31</b> 10:00 Balloon Badminton (Monument Room) <b>31</b> 11:00 "How It's Made" (Science Documentary) (Monument Room) 1:30 BINGO <b>2:30 Happy Hour and January Birthdays Celebration- All Residents are invited to attend. (Monument Room)</b> 3:30 Word Games</p>	<p>Please note that activities are subject to change. For the most updated schedule of activities please refer to "Today's Activities" flyer posted at Concierge, in the elevators and throughout the community. Thank you!</p> <p>The Dental Clinic and the Podiatrist dates will be announced as soon as they confirm it with us.</p>