



# Join Us For Heart & Mind: *A 3-Part Dementia Education Series*

## **PART 1: HEARTFELT INSIGHTS**

An Overview of Dementia | November 21

### **We'll Navigate Dementia Together**

Join us for **Heartfelt Insights**, the first event in **Heart & Mind: A 3-Part Dementia Education Series**, led by Sophia Cameron, Client Relations Manager at BrightStar Care and a Certified Dementia Practitioner® (CDP). Dedicated to helping people understand dementia, Sophia will cover:

- The different types of dementia
- Common symptoms and stages
- Causes and risk factors

### **Heartfelt Insights**

*An Overview of Dementia*

**Thursday, November 21 | 3 p.m.**

Heritage Village  
13650 Heathcote Blvd. | Gainesville  
*Light refreshments will be served.*

**RSVP by Monday, November 18.**

Call (703) 988-4701 or email  
[HeritageVillageLIFE@HeritageVillageGainesville.com](mailto:HeritageVillageLIFE@HeritageVillageGainesville.com).





**Watch for upcoming events in the series:  
CARE METHODS & STRATEGIES  
and COPING WITH CHANGE.**



**HERITAGE VILLAGE**

*Assisted Living & Memory Care*

13650 Heathcote Blvd. | Gainesville, VA 20155

[HeritageVillageGainesville.com](http://HeritageVillageGainesville.com) Managed by  Life Care Services®   



Life Care Services, an LCS Company, is the **most awarded company** in the history of the J.D. Power U.S. Senior Living Satisfaction Study. #1 in Customer Satisfaction among Independent Senior Living Communities, 5 Years in a row. #1 in Customer Satisfaction among Assisted Living/Memory Care Communities.

Life Care Services has won more awards than any other company in the J.D. Power U.S. Senior Living Satisfaction Studies from 2019-2023. Visit [jdpower.com/awards](http://jdpower.com/awards) for more information.