

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Short Morning Walk with Miriam (Meet in Lobby) 10:00 Non-Denominational Service Video- "Compassion" (Monument Room) 11:00 Music and Manicures (Art Studio) 1:30 Scenic Ride with Miriam 3:00 "Hello September!"- Fall Themed Word Games, Word Searches, Word Matching</p> <p>1</p>	<p>Dr. Appt. Transportation Day PA Visits 2</p> <p>10:30 Catholic Rosary and Communion 1:30 "Back to School"- Picture Bingo 3:15 Rummikub Club with Renee (Bistro) 3:30 Residents' Trip to Effee's Frozen Treats</p> <p><i>Labor Day</i></p>	<p>10:00 Sit and Get Fit with Miriam 3</p> <p>11:00 Armchair Travel- "Wonders of Germany" (Virtual Program) 11:30 Residents' Lunch Outing to "Bella Vita" (Manassas) 2:30 Tuesday Trivia 3:30 Indoor Games</p>	<p>Dr. Appt. Transportation Day 4</p> <p>10:00 Balloon Badminton 1:15 BINGO 3:00 Music and Manicures (Art Studio) 3:15 Rummikub Club with Renee (Bistro) 4:00 Wednesday Wisdom- "Inspiring Generations"</p>	<p>NP Visits 5</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair- "Mix-German Folk Dances" (Virtual) 11:30 Residents' Lunch Outing to: "Byblos" (Gainesville) 2:30 Meeting with Larry Soergel from PWC Election Integrity Work Group 3:00 Make Your Own Jewelry (Art Studio)</p>	<p>Geriatric Dr. Visits 6</p> <p>10:00 Balloon Badminton with Vicki 11:00 Daily Chronicle Weekly Retrospective 1:30 BINGO 3:00 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p>10:00 Morning Exercise with Vicki 11:00 Daily Chronicle 1:15 Live Musical Entertainment with Laurie Mangold 3:00 Table Games with Vicki (Bistro)</p> <p>7</p>
<p>National Assisted Living Week Starts 8</p> <p>10:00 Non-Denominational Service Video - "Faith" (Monument Room) 11:00 Music and Manicures (Art Studio) 3:00 "Grandparents Day" Afternoon Social- Family Event with Live Musical Entertainment, Games and Refreshments</p> <p><i>Grandparents Day</i></p>	<p>"Muffin Monday" 9</p> <p>Dr. Appt. Transportation Day PA Visits 10:30 Catholic Rosary and Communion 1:15 "Grandparents Love" with Senior Librarian Kelley S. 3:15 Rummikub Club with Renee (Bistro) 3:30 Table Games with Eleanor E. (Monument Room)</p>	<p>"Active Wear Day" 10</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair Travel "German Castles" 11:30 Residents' Lunch Outing to "Trummer's" (Clifton) 2:30 Tuesday Trivia 3:30 Indoor Games</p>	<p>"Strictly Business- Professional Attire Day" 11</p> <p>Dr. Appt. Transportation Day</p> <p>10:00 Balloon Badminton 1:15 BINGO 3:00 Music and Manicures (Art Studio) 3:15 Rummikub Club with Renee (Bistro)</p>	<p>"Thirsty Thursday" 12</p> <p>NP Visits</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair Travel- "The Secret of German Beer" (Virtual) 11:30 Lunch Outing to "Uncle Julio's" (Gainesville) 3:00 Make Your Own Candy/Caramel/Chocolate Apples (Art Studio)</p>	<p>"Nacho Average Assisted Living Community" 13</p> <p>10:00 Balloon Badminton with Vicki 11:00 Daily Chronicle Weekly Retrospective 1:15 Resident Council Meeting 3:00 Happy Hour and September Birthdays Celebration for Residents and Team Members 3:30 Word Games 4:00 Trivia</p>	<p>"Thanks a Latte for All You Do!" 14</p> <p>National Assisted Living Week Ends</p> <p>10:00 Morning Exercise with Vicki 11:00 Daily Chronicle 1:30 BINGO 3:00 Easy, No-Bake Recipes with Vicki (Art Studio)</p>
<p>9:00 Short Morning Walk with Miriam (Meet in Lobby) 10:00 Non-Denominational Service Video- "Beauty" (Monument Room) 11:00 Music and Manicures (Art Studio) 1:30 Scenic Ride with Miriam 3:30 Word Games</p> <p>15</p>	<p>Dr. Appt. Transportation Day PA Visits 16</p> <p>10:30 Catholic Rosary and Communion 1:15 Live Musical Entertainment with Pianist Caleb Nei 3:15 Rummikub Club with Renee (Bistro) 3:30 Table Games with Eleanor E. (Monument Room)</p>	<p>Podiatrist on Site 17</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair Travel "German Musicians" (Virtual Program) 11:30 Residents' Lunch Outing to "Maddigan's Restaurant" (Occoquan) 2:30 Tuesday Trivia 3:30 Indoor Games</p>	<p>Dental Clinic on Site Dr. Appt. Transportation Day 18</p> <p>10:00 Balloon Badminton 1:30 Fall Prevention Awareness with Megha K. (Powerback) 3:15 Rummikub Club with Renee (Bistro) 3:30 Ice Cream Social Sponsored by Care with Love</p>	<p>NP Visits 19</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair Travel- "German Football (Soccer) Culture Explained" (Virtual) 11:30 Lunch Outing to "Pizza NY Margherita" (Gainesville) 3:00 Sip'n Paint (Art Studio)</p>	<p>Geriatric Dr. Visits 20</p> <p>10:00 Balloon Badminton with Vicki 11:00 Daily Chronicle Weekly Retrospective 1:30 BINGO 3:00 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p>10:00 Morning Exercise with Vicki 11:00 Daily Chronicle 1:30 BINGO 3:00 "Oktoberfest" Begins- Beer Tasting and Afternoon Social with Vicki (Bistro)</p> <p><i>Oktoberfest Begins</i></p> <p>21</p>
<p>9:00 Short Morning Walk with Miriam 22</p> <p>10:00 Non-Denominational Service Video- "The Golden Rule" (Monument Room) 11:00 Music and Manicures (Art Studio) 1:30 Shopping Trip to Target 3:30 Fall Trivia</p> <p><i>Autumn Begins</i></p>	<p>Dr. Appt. Transportation Day PA Visits 23</p> <p>10:30 Catholic Rosary and Communion 1:30 BINGO 3:15 Rummikub Club with Renee (Bistro) 3:30 Table Games with Eleanor E. (Monument Room)</p>	<p>10:00 Visit the National Museum of the Marine Corps and Lunch at "Tun Tavern" (Sign-up with Miriam O. or Adina C.) 24</p> <p>11:00 Armchair Travel to Germany- "About Oktoberfest" 2:30 Tuesday Trivia 3:30 Indoor Games</p>	<p>Dr. Appt. Transportation Day 25</p> <p>10:00 Balloon Badminton 1:15 "Doo Wop Dudes"- Musical Men's Group Performance 3:00 Music and Manicures (Art Studio) 3:15 Rummikub Club with Renee (Bistro)</p>	<p>NP Visits 26</p> <p>10:00 Sit and Get Fit with Miriam 11:00 Armchair Travel- "Life Behind the Berlin Wall" (Virtual) 11:30 Lunch Outing to "Faangthai" (Warrenton) 3:00 Creative Crafting- Make Your Own Door Wreath" (Art Studio)</p>	<p>10:00 Balloon Badminton with Vicki 27</p> <p>11:00 Daily Chronicle Weekly Retrospective 1:30 BINGO 3:00 Happy Hour 3:30 Word Games 4:00 Trivia</p>	<p>10:00 Morning Exercise with Vicki 28</p> <p>11:00 Daily Chronicle 1:30 BINGO 3:00 Easy, No-Bake Recipes with Vicki (Art Studio)</p>
<p>National Teacher's Day 29</p> <p>9:30 "Courageous" Inspirational Movie with Resident Judith K. ... (Monument Room) 11:00 Music and Manicures (Art Studio) 1:30 Scenic Ride with Miriam 3:00 "Good Old School Days"- Picture Bingo with Special Prizes</p>	<p>Dr. Appt. Transportation Day PA Visits 30</p> <p>10:30 Catholic Rosary and Communion 1:30 BINGO 3:15 Rummikub Club (Bistro) 3:30 Table Games with Eleanor E. (Monument Room)</p>	<h1>September 2024</h1> <h2>ASSISTED LIVING</h2>				